



MCMH + Clinics Cafeteria

WEEK ONE MENU

Lunch

Monday	Café Entrée: Patty Melt and Curly Fries Roasted Salmon, Marinated Pork Chop Roasted Sweet Potatoes, Wild Rice Green Beans, Glazed Carrots
Tuesday	Café Entrée: Chicken Caesar Salad Salisbury Steak, Coconut Fried Shrimp, Mashed Potatoes, Gravy, Lemon & Herb Orzo Maple Bacon Brussels Sprouts, Squash Medley
Wednesday	Café Entrée: Beef Lo Mein Sweet Chili Chicken, Teriyaki Glazed Pork Medallions White Rice, Roasted Baby Bakers, Crab Rangoon Stir Fry Vegetable, Asparagus
Thursday	Wing Day Casino Cod, Goulash Potato Wedges, Garlic Texas Toast Roasted Cauliflower, Capri Vegetables
Friday	Café Steak/Chicken Fajitas Braised Pork, Bolognese Pappardelle(V) Mashed Potatoes w/Gravy, Cilantro lime Rice, Breadstick Broccoli, Mexicorn
Saturday	Lemon Pepper Cod, Beef & Noodles Rice Pilaf, Mashed Potatoes & Gravy Beets, Mixed Vegetables
Sunday	Meatloaf, Baked Ham Mashed Potatoes & Gravy, Macaroni & Cheese Prince Edward Vegetables, Peas